

# The projections lemma

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The first proof of this result I know of is in [1, Lemma 6.3], but it might have been older.

**Definition 1.** For  $P$  and  $Q$  non-zero orthogonal projections on a finite dimensional Hilbert space  $\mathcal{H}$ , let  $P \wedge Q$  the orthogonal projection on  $\text{range } P \cap \text{range } Q$ , and  $P \vee Q$  the orthogonal projection on  $\text{range } P + \text{range } Q$ .

Note that, by definition

$$\begin{aligned} P(P \wedge Q) &= P \wedge Q = (P \wedge Q)P, & P(P \vee Q) &= P = (P \vee Q)P, \\ Q(P \wedge Q) &= P \wedge Q = (P \wedge Q)Q, & Q(P \vee Q) &= Q = (P \vee Q)Q. \end{aligned}$$

These facts will be used repeatedly during the proof.

**Lemma 1.** *With the notation above*

$$PQ + QP \geq -\|PQ - P \wedge Q\|(P + Q). \quad (1)$$

*Proof.* To prove the result we will do a few simplifications first. Let  $c \geq 0$  a positive constant.

- We claim that  $P + Q \geq (1 - c)P \vee Q$  implies that  $PQ + QP \geq -c(P + Q)$ . This can be seen by rewriting

$$PQ + QP = (P + Q - P \vee Q)(P + Q).$$

Now  $P + Q$  and  $P + Q - P \vee Q$  commute, and thus if  $(P + Q - P \vee Q) \geq -c(P \vee Q)$ , we have that

$$PQ + QP = (P + Q - P \vee Q)(P + Q) \geq -c(P \vee Q)(P + Q) = -c(P + Q)$$

which is our claim.

- Consider the decomposition of the identity given by  $P \wedge Q$  and  $(P \wedge Q)^\perp = P^\perp \vee Q^\perp$ . Since both  $(P + Q)$  and  $P \vee Q$  commute with  $P \wedge Q$ , we have that  $P + Q \geq (1 - c)(P \vee Q)$  if and only if

$$\begin{aligned} (P \wedge Q)(P + Q) &\geq (1 - c)(P \wedge Q)(P \vee Q), \\ (P \wedge Q)^\perp(P + Q) &\geq (1 - c)(P \wedge Q)^\perp(P \vee Q). \end{aligned}$$

Note that the first inequality is always satisfied for any  $c \geq 0$ , since

$$(P \wedge Q)(P + Q) = 2(P \wedge Q) \geq (1 - c)(P \wedge Q) = (1 - c)(P \wedge Q)(P \vee Q),$$

so we only need to check the second one.

- The restriction on  $(P \wedge Q)^\perp$  can be written as follows. Let us define

$$P_0 = P - P \wedge Q, \quad Q_0 = Q - P \wedge Q.$$

Then  $P_0 \wedge Q_0 = 0$ ,  $P_0 \vee Q_0 = (P \wedge Q)^\perp(P \vee Q)$ ,  $(P \wedge Q)^\perp(P + Q) = P_0 + Q_0$  and

$$P_0 Q_0 = PQ - P \wedge Q.$$

In conclusion, the statement of the Lemma is proven if we can show that

$$P_0 + Q_0 \geq (1 - c)(P_0 \vee Q_0)$$

for  $c = \|P_0 Q_0\| = \|PQ - P \wedge Q\|$ . Note that, since  $P_0 \vee Q_0$  is the projection on the range of  $P_0 + Q_0$ , what we really need to prove is that any non-zero eigenvalue of  $P_0 + Q_0$  is at least  $1 - c$ . So let  $1 - \lambda$  an eigenvalue of  $P_0 + Q_0$ : we want to show that  $\lambda \leq c$ . Clearly, if  $\lambda \leq 0 \leq c$ , we have nothing to prove. Similarly, since  $P_0 + Q_0 \geq 0$ , any such eigenvalue satisfies  $\lambda \leq 1$ . Therefore, we can assume that  $0 < \lambda \leq 1$ .

Now let  $|\phi\rangle \in \text{range } P_0 + \text{range } Q_0 = \text{range}(P_0 \vee Q_0)$ . Since  $P_0 \wedge Q_0 = 0$ ,  $|\phi\rangle$  has a unique decomposition

$$|\phi\rangle = |\phi_p\rangle + |\phi_q\rangle, \quad |\phi_p\rangle \in \text{range } P_0, \quad |\phi_q\rangle \in \text{range } Q_0.$$

Let us now require that  $|\phi\rangle$  is an eigenvector of  $P_0 + Q_0$  with eigenvalue  $1 - \lambda$ , for some  $0 < \lambda \leq 1$ .

This implies that

$$(1 - \lambda)(|\phi_p\rangle + |\phi_q\rangle) = (P_0 + Q_0)(|\phi_p\rangle + |\phi_q\rangle) = |\phi_p\rangle + |\phi_q\rangle + P|\phi_q\rangle + Q|\phi_p\rangle,$$

or equivalently

$$-\lambda(|\phi_p\rangle + |\phi_q\rangle) = P_0|\phi_q\rangle + Q_0|\phi_p\rangle.$$

Since  $P_0|\phi_q\rangle \in \text{range } P_0$  and  $Q_0|\phi_p\rangle \in \text{range } Q_0$ , and the decomposition of  $-\lambda|\phi\rangle$  is unique, this implies

$$P_0|\phi_q\rangle = -\lambda|\phi_p\rangle, \quad Q_0|\phi_p\rangle = -\lambda|\phi_q\rangle.$$

Taking scalar products

$$-\lambda\|\phi_p\|^2 = \langle\phi_p|\phi_q\rangle, \quad -\lambda\|\phi_q\|^2 = \langle\phi_q|\phi_p\rangle,$$

i.e.  $\langle\phi_p|\phi_q\rangle$  is real and negative, and  $\|\phi_p\| = \|\phi_q\|$ .

This implies that

$$\lambda\|\phi_p\|\|\phi_q\| = -\langle\phi_p|\phi_q\rangle = |\langle\phi_p|\phi_q\rangle| \leq |\langle P_0\phi_p|Q_0\phi_q\rangle| \leq \|P_0Q_0\|\|\phi_p\|\|\phi_q\|,$$

i.e.  $\lambda \leq c$  which is what we wanted to prove. □